

Term 1 Week 8

March 16, 2016

WHALER NO 4

Website: www.mosman-p.schools.nsw.edu.au
Email: mosman-p.school@det.nsw.edu.au

Phone: 9969 9325
Fax: 9968 1324



Registrations are open!
Get ready to run on Sunday 19 June

Register now www.mini-mos.com
Early Bird fees apply to first 250 registrations in each run - 2km, 5km, 10km.

NEW! Mini-Mos t-shirt is now available for purchase during registration. If you order your shirt by 21 May, it will be ready to pick-up with your race pack.

Dates to Remember

TERM 1 - 2016

Week	Monday	Tuesday	Wednesday	Thursday	Friday
8	Mar 14 Yr2 Swimming Stage 3 Science incursion	Mar 15 Yr2 Swimming School Photos Yr3&4 cricket Yr1&2 dance	Mar 16 Regional Swimming Carnival Yr1&2 dance	Mar 17 Yr3&4 cricket 12.30: K-2 assembly	Mar 18 Senior School Tennis
9	Mar 21 Harmony Day mufti day – wear orange – gold coin donation Yr2 Swimming Stage 3 Science incursion	Mar 22 Yr2 Swimming Family & group photos Yr3&4 cricket Yr1&2 dance	Mar 23 Yr1&2 dance	Mar 24 Senior School Enrichment day K-1 Easter Parade Kindergarten LEFT day Yr3&4 cricket 6pm - Instrumental Program show	Mar 25 GOOD FRIDAY Public Holiday
10	Mar 28 EASTER MONDAY Public Holiday	Mar 29 Yr2 Swimming Yr3&4 cricket Yr1&2 dance	Mar 30 Year 6 Fair Yr1&2 dance	Mar 31 Yr3&4 cricket	Apr 1 Senior School Tennis
11	Apr 4 Yr2 Swimming	Apr 5 Yr3&4 cricket Yr1&2 dance	Apr 6 Yr1&2 dance	Apr 7 Senior School to Bathurst Yr3&4 cricket 12.30: K-4 ANZAC assembly	Apr 8 Senior School to Bathurst

PRINCIPAL'S REPORT

Easter is almost upon us and I take this opportunity to wish you all a happy and safe Easter long weekend. Please remember that there are still 2 weeks left of Term 1 after Easter. A big thank you to the P&C for providing Easter treats to all students.

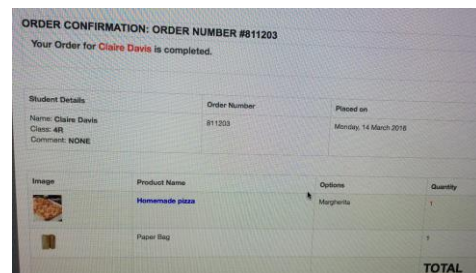
Congratulations to Mr Dowler who has just received a promotion to the role of Assistant Principal. Lucky for us, the role is with us, as he replaces Ms Davis in a permanent capacity.

Positive Behaviour for Learning *Managing Inappropriate Behaviours* chart can be found on page 3 of this Whaler. The Wellbeing Community Engagement Group will be reviewing this matrix next term, so any comment can be directed to the school email [mosman-p.school@det.nsw.edu.au] with the subject [Wellbeing CEG].

National Day of Action Against Bullying is this Friday. Students across the school have been doing awareness raising lessons with the message ***Bullying – No Way!*** All students will receive a wrist band with this message and I encourage all parents to have a talk with their child/ren about their understanding of what bullying is. A fact sheet can be found later in this Whaler.

Band Camp is on this weekend and I wish all our musicians and the organising and supervising parents a wonderful time. I look forward to seeing the concert on Sunday and I know some teachers are popping in from time to time across the weekend. Thanks in spades to Cherelle Martin and Mrs Cady for spearheading the move to a weekend camp, not only has it removed the impact on learning for all students in years 3 to 6, but it has also enabled many more parents to help out and attend the concert.

Canteen lunch ordering was a topic of discussion at last week's P&C meeting and it has been decided that wherever possible, parents use the online system www.school24.com.au making sure to place the order before 8.30am and **ENSURE AN ORDER CONFIRMATION HAS BEEN RETURNED TO YOU BY THE SYSTEM** [sample right]. If you need to send a written order and payment with your child, or do an order over the counter, these orders need to be made by 9am and placed in the box on the canteen server. Many thanks to the wonderful parents who work tirelessly in the canteen to ensure your children are fed on time.



Sun-safety - our faces are exposed to ultraviolet [UV] radiation every day of the year. So it's not surprising that areas such as the ears, temple, lips and nose are among the most common sites for skin cancer to develop. The right hat not only protects your face, head, ear and the back of your neck but can reduce the amount of UV radiation reaching your eyes by 50%.



A sun-safe hat will:

- have a broad brim to adequately shade the whole face;
- be made of close-weave fabric to ensure no light gets through;
- have a dark lining to reduce the amount of UV radiation being reflected on the face and eyes;
- not obscure vision or pose a safety concern [ie cords or toggles that can get caught on children's play equipment]; and
- have good ventilation, especially if the hat is to be used while being active [playground games, sport, exercise, etc.].

The Cancer Council states that baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended. As a sun-safe school, we promote the broad-brimmed style of hat currently available in the school's uniform shop. Students without a hat, as always are restricted to sitting in the shade during break times.

Steve Connelly – Principal

EARN AND LEARN

We would like to say a huge THANK YOU to everyone who supported the school with the Woolworths Earn and Learn program in 2015. We wanted to share with you the fantastic Mathematics resources we received as a result of the stickers you collected.

MOVING INTO YEAR 7

Parents of all Year 6 students need to complete and return the form *Moving into Year 7 in a NSW Government School in 2017* to the class teacher, by no later than March 18 2016. This form still needs to be completed and returned even if your child will not be attending a government school next year.



SCHOOL PHOTOGRAPHS

If you did not pay for your individual and class photos, you can order them online at www.theschoolphotographer.com.au or call their office on 9674 9824.

Family photos for all years will be taken on Tuesday March 22. If you would like to order a family photo, envelopes are available at the school office. Family photographs are only for siblings attending Mosman Public School.

EASTER HAT PARADE

The Easter Hat Parade for K-1 will take place on Thursday March 24 at 9.15am. The students will parade their hats, dance and sing some songs. All Parents are welcome to attend the parade that will take place in the MOLA. We hope to see you there.

Nadia Tobia- Deputy Principal

Managing Inappropriate Behaviours

<p>Aggressive (Minor) Behaviour</p> <p><u>Including but not limited to:</u></p> <ul style="list-style-type: none"> • Mocking peers – inappropriate comments, name calling etc. • Unfair play • Unsafe play • Playing with sticks • Teasing • Being rude • Being mean 	<p>Aggressive (Major) Behaviour</p> <p><u>Including but not limited to:</u></p> <ul style="list-style-type: none"> • Deliberate damage of school property or another student's property • Insolence to a staff member / adult • Dangerous play • Physical aggression • Bullying • Racism • Bad language - swearing • Rough play/fighting • Excluding others repeatedly • Inappropriate behaviour in/around school • Verbal and physical confrontation • Cyber-bullying • Using repeated "put downs" • Intimidation of others • Aggression with intent: <ul style="list-style-type: none"> ○ intimidation/bullying ○ threatening ○ biting ○ punching ○ hair pulling ○ scratching ○ hitting ○ slapping/smacking ○ restraining ○ spitting ○ exclusion ○ swearing • Using items as weapons
<p>Disobedient (Minor) Behaviour</p> <p><u>Including but not limited to:</u></p> <ul style="list-style-type: none"> • Out of bounds • Not staying in the shade when not wearing a hat • Littering • Playing in the toilets/at bubblers • Unsafe play • Not lining up correctly at canteen • Disruptive behaviour (talking, not paying attention) • Rule breaking • Climbing trees • Off task – not working • Interrupting teaching and learning • Calling out repeatedly • Moving around room without permission • Misuse school property • Absconding from an adult • Disregarding the Acceptable ICT Usage policy 	<p>Disobedient (Major) Behaviour</p> <p><u>Including but not limited to:</u></p> <ul style="list-style-type: none"> • Stealing • Repeated defiance • Leaving classroom without permission • Defacing school property • Rudeness/profanity towards staff/students • Swearing – bad language • Excessive non-compliance • Dangerous behaviour • Refusing to obey instructions • Continued disobedience • Vandalism • Leaving school grounds • Sharing inappropriate content

NB: Appropriate action will be taken depending on the severity and nature of the incident, following investigation.

STUDENT HAPPENINGS



3Barbados

Tuesday cricket is:

- active because everyone has a go at it. (I really like catching tennis balls). - Josh
- fantastic because we all get a bat and ball. I love the games. – Ralph
- absolutely brilliant because we get to play with our teammates and enjoy really fun games. – Millie
- awesome because we learn really exciting techniques and cool games. – Grace
- fun and exciting because we get to play catching tennis and diamond cricket. – Charlotte
- absolutely amazing because we get to play lots of fun games and I really enjoy it. Lily P
- fun and awesome because we play lots of fun games. - Elodie
- great because we do fun and interesting activities. – Bryce
- fantastic because you can have so much fun and enjoy lots of games. - Hugo
- good because you get to learn new skills and techniques. – Henry
- awesome because we get to play one of my most favourite sports. – Reuben
- great because we get to bat and bowl. – Sam
- fantastic because we get to play great games. – Clover
- fun because we play really fun games and I like it. – Novak
- fun and amazing because we get to play really fun games. – Annabelle
- awesome because we get to play super fun games. – Jayden
- amazing because we all get a go. – Tom
- fantastic because I find that all the games we play are great. – Olivier
- great because we play fun games. – Lucas
- super awesome because we play really good games that would make your brain explode! –Sofia
- fun because I get to play new games. – Cam
- great because we all get to have fun. – Ji
- really fun because I get to play all of my favourite games. – Isabella
- awesome because when we play great games I always have tonnes of fun. Nothing stops me from having the best time ever. – Maeve
- super fun because we can learn new games that we have never played before. - Robyn
- awesome because we get to play great games. I love it when we get challenged. – Lily D
- awesome because the games and running are so much fun. I love cricket! - Willow
- superb, because if you want to be a cricket star and you don't already play cricket, you can learn the skills you need. - Amelia

Junior Dance Group

Students selected in the Junior Dance Group received an enrolment contract last week. Please ensure this is returned to Miss de Robillard or Mrs Mettam. This year we will be participating in the Sydney North Public Schools Dance Festival and you will be notified of the cost and audition and performance dates. We would greatly appreciate volunteers for parent coordinator and assistance with costumes.

Premier's Reading Challenge

All the students at MPS have been registered for the Premier's Reading Challenge. If your child is interested in completing the challenge, you need to log on the Premier's Reading Challenge (NSW) site to enter the codes or titles of the books read. The website is <https://products.schools.nsw.edu.au/prc/home.html>. Then proceed to **Logon**. The **username and password** is your child's Department Internet login name and his/her individual password. The book lists and codes are on this site as well.

Kindergarten is completing the challenge at school. The teacher librarians will read the PRC books during library lessons and enter the titles in August. (If you wish to complete the PRC with your child at home, then you need to enter the specific titles onto the website).

The rules for the Challenge are on the website. Your child will need to read the following number of books.

Challenge	Number of books needed to complete the Challenge	Minimum number of PRC books for your Challenge	Maximum number of personal choice books	PRC booklist selection
K-2	30	25	5	K-2 , 3-4 , 5-6 , 7-9
3-4	20	15	5	3-4 , 5-6 , 7-9
5-6	20	15	5	5-6 , 7-9
7-9	20	15	5	5-6 , 7-9

If your child is in Year 2 and prefers reading chapter books **by himself/herself**, then he/she may complete the Year 3-4 challenge but needs to adhere to the rules for that particular challenge.

Please be aware that your child might be on his/her way to a gold award for 4 years of successful participation. Year 9 students who have completed every year from Years 3 to 9 are eligible for a Premier's Reading Challenge medal. Please encourage your child to continue the Challenge.

All entries must be entered and finalised by August 19, 2016 so that I can validate the entries. A certificate will be presented to your child by the end of Term 4.

Gabi Hodge – Teacher/Librarian



SPORTS REPORT

Swimming Age Champions

Congratulations to our Age Champions for 2016:

Junior Boy: Felix P

Junior Girl: Lara G

11 Year Boy: Wilbur B

11 Year Girl: Rosie C

12 Year Boy: Jacob E

12 Year Girl: Milly H

Last week, a team of 34 swimmers represented our school at the Zone Swimming Carnival. A big thank you goes to Ms Haverkamp and Ms Burnet for accompanying the children and to Tammy Hewlett and Mike Gribbin, our two wonderful parent managers. The team gave a fantastic account of themselves with the following swimmers now going on to represent our zone at the regional level:

Milly H, Amelie T, Illyana T, Emilia D, Bridget W, Wilbur B and Felix P.

We wish these swimmers the best.

Hao Lu – Sports Coordinator

P&C NEWS

Thank you to everyone who attended the P&C meeting last Thursday evening. It was a great meeting and we have some exciting possibilities for the future to investigate. Further details will be available in the minutes which will be published soon.

Our first social event for the year will be the P&C Trivia Night, to be held on the April 2 from 7.30pm in the school hall. Tickets are available now so please use the following link <http://www.trybooking.com/KPUK> to book your tickets. Tickets are \$20 each plus booking fee (30c)

Join parents from your class for a fun evening. BYO food and Drink with prizes for the winners of the quiz. Thank you to Belle Property who is providing a Trivia master for the evening and for their continuing support of Mini-Mos as our Gold Sponsor. All funds raised will go to supplying classroom items requested by class teachers. We hope to see you all there. Any questions to pandcevents@yahoo.com.au

Band Camp is coming up this weekend. Thank you to the Instrumental Committee and Caroline Cady for all their hard work planning and organising this huge event. Thank you also to the any parents who are giving their time over the weekend to help. The children are very excited!

If you are a bookkeeper, accountant, whizz with figures or just looking for a challenge we need some help with some of the Treasury functions of the P&C. We need a Mini-Mos Treasurer and an Instrumental Committee Treasurer or some help with some of the aspects of these roles. If you can help at all please contact our President and acting Mini-Mos and Instrumental Committee Treasurer laylecarlos@yahoo.co.uk to discuss.

Please feel free to contact the P&C via our Secretary, Mel Richards – melissa.jane.richards@gmail.com.

P&C Committee 2016

2016

Trivia Night

Doors open 7.30pm
Trivia starts 8pm

SATURDAY, 2ND APRIL
@ Mosman Public School Hall

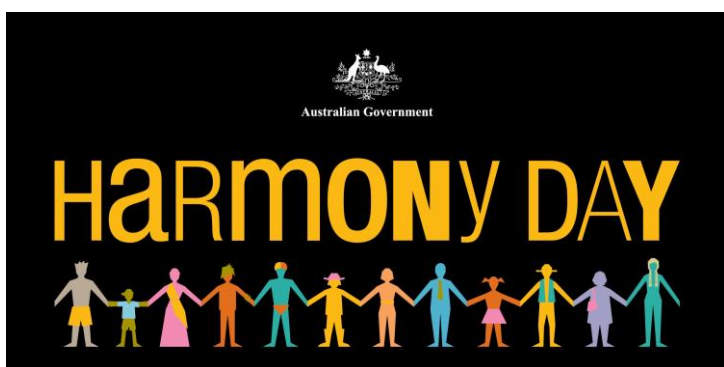
Trivia // BYO food & drink // Fun!

SUPPORT YOUR CHILDREN : BOOK YOUR TICKETS OR DONATE
+ ALL MONEY RAISED IS FOR SPECIAL CLASSROOM RESOURCES +

\$20/HEAD OR BOOK A 'CLASS TABLE'

ALL ENQUIRIES: pandcevents@yahoo.com.au
ONLINE BOOKINGS ONLY!
<http://www.trybooking.com/KPUK>
<http://www.trybooking.com/186430>

belle
PROUD MAJOR SPONSOR



Mosman Public School will be celebrating Harmony Day on **Monday March 21**. Harmony Day is about celebrating Australia's cultural diversity. It is a day of cultural respect and a sense of belonging for everyone. The theme this year is 'Our Diversity is our Strength'.

To help celebrate Harmony Day we are asking all students to dress up in traditional/cultural clothes or in orange (the Harmony Day colour).

There will be a school parade in the Belmont playground at 9.15am and parents are welcome to attend. This will be an exciting way for the students to show case their cultural diversity.

Each class will decorate a balloon for an art exhibition which will be displayed in the library for Harmony Day. In class students will also make a special orange wrist band to wear on Harmony Day.

We encourage each child to make a gold coin donation to support those less in need.

COMMUNITY NEWS

Chess class

The chess class for Mosman Public School runs on Friday afternoons from 3:20pm - 4:20pm in Scots Kirk Church Hall. If you are interested in joining the class, please contact the Sydney Academy of Chess on (02) 9745 1170 or email our office at: enrol@sydneyacademyofchess.com.au

Upcoming chess events

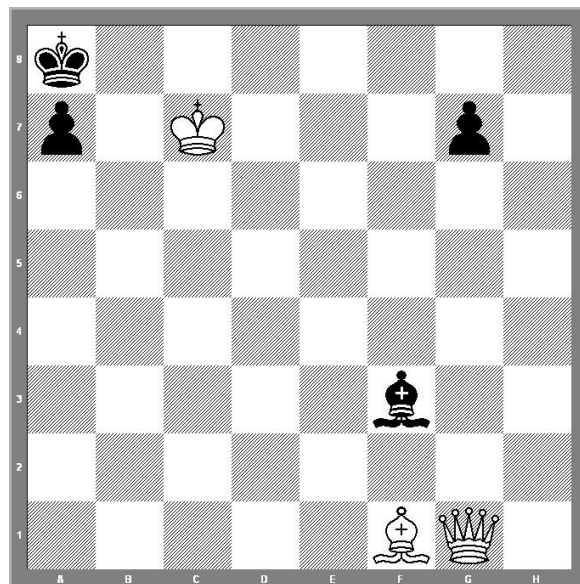
March 19: Ettalong Saturday Fun Tournament

April 3: Inner West Sunday Fun Tournament

More information on events and coaching can be found on: sydneyacademyofchess.com.au

Solution puzzle #2

1. Qc6+, Qb7+ 2. Qxb7#





MACQUARIE ADHD Parent Support Group

*Supporting parents of children & teens with ADHD,
learning difficulties, and co-existing conditions.*

Andrew Greenfield

Child & Educational Psychologist

Behaviour Management Strategies for ADHD

Children with ADHD lose concentration after about 10-15 minutes. They need to be shown and reminded what is expected of them with frequent and immediate rewards. When parents and teachers work together adopting similar strategies, the child's behaviour usually improves at home and at school. Andrew will discuss behaviour management strategies, and explain other behavioural problems in children such as ODD, CD and OCD.

Lots of time allowed for questions.

WHEN: Thu 31 March 2016
TIME: 7.00pm – 9.00pm
VENUE: Dunmore Lang College, (adjacent to Macquarie University)
130-134 Herring Road, North Ryde, NSW 2113
*Nearest cross street: Waterloo Rdnear Macquarie Uni railway station.
Both street and off-road parking. Allow extra travel time for congestion.*
RSVP: Tue 29 March 2016
DONATION: \$5.00 for catering

Come along to hear professional speakers and meet other parents over supper.
All welcome – parents, teachers and professionals

ADHD Centre Helpline

Ph: 02 9889 5977 / 0416 111 036
Email: info@macquarieadhd.org.au

Dear parents/Carers

At Mosman we aim to create a safe and supportive school community for everyone.

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit** www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** www.bullyingnoway.gov.au to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents. As well, please contact the school if you would like to discuss any aspect of our approach to preventing bullying.

Thanks for your support to make our school a great school for everyone.