

Term 1 Week 10

April 1 2015



WHALER NO 5

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Dates to Remember

Term 1					
	Mon	Tues	Wed	Thurs	Fri
Week 10	30/3/15 Swimming – year 2 Year 3 excursion	31/3/15 Senior School Canberra Camp Cricket – Stage 2 Swimming – year 2	1/4/15 Senior School Canberra Camp	2/4/15 Senior School Canberra Camp Cricket – Stage 2 Last Day of Term 1 9.30am – K-1 Easter hat parade – MOLA 12.30 – K-4 assembly	3/4/15 Good Friday Public Holiday
HOLIDAYS - April 3 – April 20					
	Mon	Tues	Wed	Thurs	Fri
Week 1	20/4/15 Staff development day – no students	21/4/15 All students return	22/4/15 .	23/4/15 11-2pm: 3-6 cross country carnival – Allan Border Oval	24/4/15 ANZAC service – all welcome
Week 2	27/4/15 THIS IS NOT A PUBLIC HOLIDAY IN NSW IN 2015	28/4/15 .	29/4/15 Stage newsletters home today	30/4/15 12.30-1.10pm: 3-6 Assembly	1/5/15 .
Week 3	4/5/15 .	5/5/15 9.15-11.00am: Kindergarten 2016 information session	6/5/15 .	7/5/15 12.30-1.10pm: K-2 Assembly	8/5/15 Mother's Day Stall
Week 4	11/5/15 .	12/5/15 NAPLAN – years 3 & 5	13/5/15 NAPLAN – years 3 & 5	14/5/15 NAPLAN – years 3 & 5	15/5/15 .
Week 5	18/5/15 .	19/5/15 .	20/5/15 .	21/5/15 12.30-1.10PM: K-6 Assembly in the MOLA. Mini-Mos focus	22/5/15 .
Week 6	25/5/15 .	26/5/15 .	27/5/15 .	28/5/15 9-12pm: K-2 sports carnival – Allan Border Oval	29/5/15 .
Week 7	1/6/15 .	2/6/15 .	2/6/15 .	4/6/15 12.30-1.10pm: 3-6 Assembly	5/6/15 .
Week 8	8/6/15 Queen's Birthday	9/6/15 .	10/6/15 .	11/6/15 12.30-1.10pm: K-2 Assembly	12/6/15 .
Week 9	15/6/15 .	16/6/15 .	17/6/15 .	18/6/15 Senior School Elective Day 6.30-7.30pm: Band Performance night- Hall	19/6/15 .
Week 10	22/6/15 .	23/6/15 .	24/6/15 .	25/6/15 12.30-1.10pm: K-6 Assembly in the MOLA	26/6/15 Last day of term
HOLIDAYS - June 27 – July 11					

PRINCIPAL'S REPORT

News from Canberra is that our Senior School students are having a wonderful time – it's certainly very quiet at school without them here. Tomorrow will see the last day for Term 1 2015 and we are all looking forward to a restful break. Easter will be

officially welcomed by Kindergarten and Year 1 in a very colourful manner with their **Easter Hat Parade** tomorrow from 9.30am under the MOLA. I take this opportunity to wish all students and families a safe and enjoyable holiday and look forward to seeing everyone back for a busy Term 2. To our wonderful teaching and administrative staff, I thank you on behalf of all students and parents on the amazing job you do every day in teaching and supporting our students.

100% Attendance awards will be presented to students before the 3.10pm bell on Thursday – congratulations to all students [and parents] for achieving this award this term. The attendance count starts afresh from day 1 next term [**April 21, 2015**]. Parents are reminded that school ends at 3.10pm on Thursday and all students are expected to remain until the bell – especially if a 100% attendance award is in the balance.

National Assessment Program – Literacy and Numeracy 2015 (NAPLAN) is conducted each year for all students in Years 3, 5, 7 and 9 in all government and non-government schools. This program, which has the support of all State and Territory Education Ministers, will assess the literacy and numeracy learning of students in all Australian schools.

Please note these dates in your diary. Unless there is sickness, no Year 3 or Year 5 child should miss these assessments.

Tuesday May 12 – Language conventions (Spelling, Punctuation and Grammar) and **Writing**

Wednesday May 13 – Reading

Thursday May 14 – Numeracy (Number, Algebra, function and pattern, Chance and data, Measurement and Space)

How to Train Your Dragon in the moonlight was enjoyed by all who attended the P&C's moonlight cinema. Many thanks to the organising team led by Steffie Stevenson & Margo Turnbull who even managed to organise the rain storm to start after the last family left – very impressive connections! We all look forward to the next screening



Working With Children Checks must be completed by all volunteers BEFORE they help out in the classrooms, on excursions or any other child-related activity. This is a legislative requirement. Please see the office staff for the form, or you can download it from the note section on the school website – please make sure you complete all sections and bring your 100 points of identification [passport = 70, medicare card = 25, credit card = 25, driver's licence = 40, utilities bill = 25]. If you go to the RMS, you can complete the free working with children declaration which will last 5 years. Many thanks to the many parents who have already completed this task.

Visitors must sign in at the office before going to classrooms. This is to comply with work, health, safety regulations and is another child protection measure. Visitors will be checked for their WWCC and will be issued with a sticker. Teachers will ask parents without stickers to report to the office to sign in. An absence of stickers on adults in the playground will also help us identify unapproved people [aka trespassers].

Have you downloaded the **Skoolbag app**? This will grow to be our main source of communication with most pushes going out on Wednesdays. Alerts can happen on any given day due to their very nature.

Steve Connelly – Principal

ADMINISTRATION OFFICE

The Statement of Account for 2015 has been sent home via the students today, for stage 3 students who do not have a sibling at the school, the Statement of Account will be mailed home tomorrow.

The statement includes all remaining programmed excursions and activities for 2015. These activities complement the core teaching and learning program and are optional, however these activities must be paid for prior to the event. Where payment has not been received students will be provided with alternate work to be completed at school.

Payments can be made by cash/cheque or credit card at the office or over the phone. Payments can also be made online via the School's Website, by clicking on the "*Make a Payment*" link. **Our banking has closed for this term and therefore request that no cash, cheque or credit card payments be made to the office/teacher until school resumes in Term 2.** Should you be experiencing difficulties in making these payments, or wish to discuss a payment scheme please contact Mr Connelly or myself directly. All discussions are strictly confidential.

In regards to arrangements for accounts to be paid by persons not named on the account, please send a written request to the school's email account, mosman-p.school@det.nsw.edu.au including the name of the person who will be responsible for the payment, together with their mailing and email address. Requests for this arrangement need to be made each year, and any arrangement made before this year with the school is now void.

Robyn McCann - School Administrative Manager

STUDENT HAPPENINGS

Go Paperless for a Day - May 23

On Monday May 23 classes from K-6 went paperless for the day. KG experimented with waterproof materials. 3B enjoyed 'Spellgo' in the classroom with whiteboards as well as taking photos of angles in our environment for maths. 4P worked in pairs to create an ANZAC Day Keynote presentation and also played 'Golden Child' on the Belmont court. All classes had a lot of fun and enjoyed their paperless lessons.

Miss Pizzolato and the SRC

3B



4P



KG



CREATIVE & PERFORMING ARTS NEWS

Band Performance Night

On Thursday March 26 each of the school bands performed in a wonderful night of music in our school hall. The junior band opened the night playing two pieces, even though they have only been playing as a band for 8 weeks. All the band members were very impressed by the Combined Schools Band, conducted by James Hill, who performed three pieces to conclude the concert. Every band student should be very proud both of their performances and their behaviour throughout the evening.

Senior Choir

The senior choir will perform at the Sydney Opera House on Friday October 30. They have just begun practicing and will meet every Wednesday at lunch time and on Thursday mornings at 8:00am in the music room with Ms Cady.

Dance Group Term 1 2015

The 2015 Senior Dance Group have been rehearsing Tuesdays and Thursdays in the hall. They are busy preparing for an upcoming audition in Week 2 of Term 2, for the Glen Street Dance Festival in June. The theme of the dance is 'Real in Rio'. The dance takes you on a journey through the Amazon and celebrates the carnival culture of Brazil.



Caroline Cady - Performing Arts Coordinator

A Crunch&Sip Snippet

When packing grapes for Crunch&Sip it can be an idea to put them in a small container or the lunchbox so they don't get squashed. Grapes are a popular fruit with kids. There's something about putting them whole in your mouth and bursting them by biting!



Junior relay at Zone Swimming Carnival

L to R: Felix P, Wilbur B, Piran B and Luke M

ANZAC DAY at Mosman Public School

MPS will be conducting a school ANZAC Day Commemorative Service and morning tea on Friday, April 24 at 9.30am. An invitation is extended to parents and relatives of MPS students who serviced in wars, conflicts or peacekeeping duties to attend our school assembly.

If you or a relative will be attending the school assembly please RSVP to Mosman Public School office on 9969 9325 or email to mosman-p.school@det.nsw.edu.au by Wednesday, April 22.

Colin Cobcroft - ANZAC Assembly Coordinator



Premiers' Reading Challenge

Congratulations to Olivia D (3S), Annabelle F (2P) and James F (3G). They have already completed the PRC.

If you have some time during the holidays, read some books and add the titles onto the website.

Remember the login is your DET username and password.

FUN AT THE YEAR 6 FAIR



P&C

Volunteer Required

The role of Hall Hire Manager has become vacant, if you are interested in taking on this role please contact laylecarlos@yahoo.co.uk. A big thank you to Sumin for doing such an amazing job.

Canteen News

WEEK 1	Apr 20	Apr 21	Apr 22	Apr 23	Apr 24
TIME	MON	TUES	WED	THURS	FRIDAY
8.30-11.30		Layle C	Karen K	Fleur C	Sheen
8.30-11.30					
8.30-11.30					
	Student Free Day				
11.30-2.00			Jane C	Claudine W	
11.30-2.00					
WEEK 2	Apr 27	Apr 28	Apr 29	Apr 30	May 1
TIME	MON	TUES	WED	THURS	FRIDAY
8.30-11.30	Tegan	Vanessa K	Catherine S	Vicky A	Dale V
8.30-11.30					
8.30-11.30					
11.30-2.00		Lisa B	Michelle Z		
11.30-2.00					

This is the Canteen Roster for Weeks 1 and 2 of Term 2. The new roster is now up next to the canteen so please add your name. Thank you to all our volunteers this term, we really appreciate your continuing commitment.

We are also very pleased to announce that Monika Crennan has agreed to take on the role of Canteen Roster coordinator. This is very exciting news for everyone, especially me! You can contact her at mpscanteenroster@gmail.com.

Mother's Day Stall 2015

Our annual Mother's Day stall will be held on **Friday 8th May**. Children are given the opportunity to purchase something special for their Mum, Grandma and/or carer. Gifts cost **\$10 each**, there is a great selection available and gift wrapping is included. Your child may purchase more than one gift. **Gifts must be prepaid**, otherwise the children will be unable to attend the stall. This ensures we have no money handling on the day of the stall and that we have plenty of gifts for all the children to choose from.

Payments can be made online via the Canteen Website at Mosman.school24.com.au until Friday 1st May. Please order gifts under individual children's names (do not combine family orders). Checking your child's class is correct in the system, before commencing payment.

We look forward to seeing your children at this very special event.

Mosman Public School P & C.

COMMUNITY NEWS

Parenting Programs Child & Adolescent Parenting

WHAT'S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (28/5 - 25/6, 7.00-9.30pm)

Triple P (Positive Parenting Program) Seminars (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children
Chatswood (12/5, 19/5 & 26/5, 7.00 - 9.00pm)

Communicating with Kids Workshop (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.
Chatswood (14/5, 7.00-9.30pm)

Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (13/5 - 10/6, 7.00-9.30pm)

Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 25/5, 1/6 & 15/6 (3 wks/2.5hrs each, 7.00-9.30pm)

NEW

Helping Your Pre-School Child with Anxiety

Series of 2 workshops for parents to assist with young children showing signs of anxiety
Chatswood 21/4 & 5/5 (2.5hrs each, 7.00-9.30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (18/5, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (6/5, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 9887 5830 (2-2.5 hours)

- | | |
|--|--|
| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School |
| ★ Tucker without Tantrums/Toilet Training | ★ Transition to High School |
| ★ Speech & Language Development/Sleep | ★ Triple P Seminar Series 1-12 yrs & Teens |
| ★ Older Sibling - New Baby | ★ Communicating with Kids |
| ★ Bully Busting | ★ Dealing with Teen's Back Chat |
| ★ Resilient Kids | ★ Grand Parenting |

Enquiries: Child & Adolescent Parenting 9887 5830

www.nslhd.health.nsw.gov.au/services/CAP



Health
Northern Sydney
Local Health District



HELPING YOUR PRE- SCHOOL CHILD WITH ANXIETY

A SERIES OF 2 WORKSHOPS FOR PARENTS



Session 1:

- What is anxiety?
- What are the symptoms, impacts and causes of anxiety?
- Ways to overcome anxiety
- Things to work on

Session 2:

- What has/hasn't worked and why?
- Traps to avoid
- Different types of anxiety
- Where to seek help

VENUE: Community Health Centre, 57 Hercules St,
Chatswood

DATES: Tuesday 21st April AND Tuesday 5th May
(participants must attend both sessions)

TIME: 7.00pm - 9.30p.m.

COST: \$60pp for the 2 sessions

"SPECIAL INTRODUCTORY PRICE"

For all enquiries and bookings, please phone: **9887 5830**
These workshops will be run by an experienced parent educator.

CHILD AND ADOLESCENT PARENTING



Health
Northern Sydney
Local Health District

www.nslhd.health.nsw.gov.au/Services/CAP